

Today's date:     /     /

|                                     |  |  |       |
|-------------------------------------|--|--|-------|
| Title:                              | Mr / Mast / Mrs / Ms / Miss / Prof /Dr / Rev / |  |       |
| Your full name:                     | _____  |  |       |
| Date of Birth (Day / Month / Year): | /     /  |  |       |
| Do you drive?                       | Y / N  | Do you ALWAYS wear glasses when driving? | Y / N |

| Do you use any of these screens?                         | Device  | Used? | Distance from eye to screen (CM) |
|--|---------|-------|----------------------------------|
| How many hours per day in total do you spend on screens? | Desktop | Y / N |                                  |
|  | Laptop  | Y / N |                                  |
|  | Tablet  | Y / N |                                  |
|  | Phone   | Y / N |                                  |

|   |                                  |                                     |
|---|----------------------------------|-------------------------------------|
| What prompted your visit today?<br><br>(please circle all relevant) | I received a reminder            | I'm having a problem (see below) ** |
|   | I'd like some new glasses        | A doctor advised a test             |
|   | I felt my eye test was about due | Other                               |

Your occupation? (or state Retired, Unemployed, Student etc.): \_\_\_\_\_

|  |          |          |
|--|----------|----------|
| Please list ANY medications (or please supply a copy of your prescription) or state "None" | Med name | Med name |
| Please include self-prescribed medications or any eye drops                                |          |          |
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| How long ago was your last sight test? |                                    |
| Where was your last sight test?        | Darling Eyecare / Another Practice |

|   |  |
|---|--|
| Do you currently wear specs?  | Y / N  |
| What type of specs are they? (circle all relevant)                                      | Distance / Near / Varifocals / Bifocals / Occupational lens / Safety Glasses |
| When do you wear glasses?   | All the time / As needed   |
| How would you describe their condition?   | Good / Fair / Poor / Broken / Lost   |
| How would you rate the vision when you wear them? (from 10 "Excellent" to 1 "Terrible") | 10 9 8 7 6 5 4 3 2 1   |
| How would you rate their comfort? (from 10 "Excellent" to 1 "Terrible")                 | 10 9 8 7 6 5 4 3 2 1   |
| How happy are you with the way they look? (from 10 "Love them" to 1 "Hate them")        | 10 9 8 7 6 5 4 3 2 1   |

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| ** Please describe any problems you are currently having (E.g. blurred vision, eye pain, headaches) or state "None" |  |
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|  |                     |                      |                      |                                     |
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| Have you ever had or been diagnosed with any of the following? | A lazy eye          | Colour vision defect | Glaucoma             | Retinal detachment                  |
|  | Squint (turned eye) | Dry eyes             | Cataract             | Corneal problem                     |
|  | Double vision       | Eye injury           | Macular degeneration | Laser surgery to correct your sight |
| Other (please describe)  |                     |                      |                      |                                     |

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| Are you, or have you ever been, under the care of an ophthalmologist (eye surgeon) ? | Y / N |
| What eye condition/s were you seen or treated for?                                   |       |
| Last appointment / or discharge date:  | / /   |
| Next appointment date:   | / /   |
| Which hospital/s did you attend?   |       |

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| What was the age you first ever wore specs? |
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| Are you currently suffering with any of the following? Flashing lights Y / N, Floaters Y / N, Distorted vision Y / N |
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| Please circle any general health conditions you have<br><br>Other (describe): | High blood pressure  | Skin condition         | Diabetes       |
|   | Heart condition      | Respiratory condition  | Kidney disease |
|   | Previous stroke      | Bowel condition        | Cancer of      |
|   | Raised cholesterol   | Neurological condition | Allergy        |
|   | Circulation disorder | Thyroid condition      | HIV or AIDS    |
|   | Blood disorder       | Mental health problem  | Arthritis      |

|               |       |
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| Do you smoke? | Y / N |
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| Have you EVER had an ALLERGIC REACTION to ANY MEDICATION or EYE DROPS? | Y / N |
|--|-------|

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| Do you have any other allergies (E.g. Nickel, latex, nuts, milk, hay fever)? Y / N (if YES, please list) | Y / N |
|--|-------|

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| Are you or could you possibly be PREGNANT? | Y / N |
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|                         |       |
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| Are you BREAST FEEDING? | Y / N |
|-------------------------|-------|

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| Has anyone in the family (grandparents age or closer) had any of the following? (Please tick) | <b>Condition</b>                                      | <b>Relation &amp; age diagnosed (if known)</b> |
|   | <input type="checkbox"/> Short-sighted - myopia       |  |
|   | <input type="checkbox"/> Long-sighted - hypermetropia |  |
|   | <input type="checkbox"/> Astigmatism                  |  |
|   | <input type="checkbox"/> Glaucoma                     |  |
|   | <input type="checkbox"/> Cataract                     |  |
|   | <input type="checkbox"/> Macular degeneration         |  |
|   | <input type="checkbox"/> Blindness                    |  |
|   | <input type="checkbox"/> Lazy eye / turned eye        |  |
|   | <input type="checkbox"/> Colour vision deficiency     |  |
|   | <input type="checkbox"/> Migraines                    |  |
|   | <input type="checkbox"/> Diabetes                     |  |
|   | <input type="checkbox"/> High blood pressure          |  |
|   | <input type="checkbox"/> Raised cholesterol           |  |
| <input type="checkbox"/> Heart disease / stroke   |   |  |
| <input type="checkbox"/> Other- please give details   |   |  |

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|---|-------|
| Are you currently suffering with headaches? | Y / N |
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| Do ever have double vision (or slightly overlapping images)? | Y / N |
|--|-------|

|   |             |            |                    |                            |
|---|-------------|------------|--------------------|----------------------------|
| Hobbies & sports you participate in (please circle) | Sailing     | Motorcycle | Photography        | Bird watching              |
|   | Fishing     | Skiing     | Gardening          | Crosswords                 |
|   | Canoe/kayak | Walking    | Cycling            | Knit/Sew                   |
|   | Swimming    | Golf       | Tennis / badminton | Snooker/darts              |
|   | Scuba       | Horse ride | Bowls              | Reading                    |
|   | Gym         | Running    | Football / Rugby   | Playing music (E.g. Piano) |
| Others: list below                                  |             |            |                    |                            |

|                                       |       |
|---------------------------------------|-------|
| Do you currently wear contact lenses? | Y / N |
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| When was your last contact lens check? (If it was at Darling Eyecare just state "here") |
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| If you have worn contact lenses in the past, would you like to start wearing them again? | Y / N |
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