

Consent to myopia management in children

I have read and understand the risks associated with myopia and myopia management.

- I understand that if I choose not to treat my child's myopia, there is no certainty that it will get worse.
- I understand that there is no guarantee that myopia management will reduce the progression of my child's myopia.
- I understand that myopia management does not cure myopia, and my child is likely to need glasses or contact lenses to correct any myopia they have before they start treatment.
- I understand that when my child stops myopia management, there is a risk that their myopia may begin to progress quickly. The older my child is when they stop myopia management, the lower this risk is.
- I understand that if my child refuses to start or continue with myopia management their treatment will stop, even though that may mean their myopia gets worse.
- I understand that if my child's myopia is treated with contact lenses, they will also need prescription glasses during the treatment to wear when they are not wearing their lenses.
- I understand that my child will need appointments with an optometrist every six months to make sure their eyes are healthy.
- I understand that this treatment is provided privately and is not available on the NHS.

Patient name:

Name of parent or legal guardian with responsibility for the patient named above:

Parent's or legal guardian's signature:

Date:

Optometrist's name:

Optometrist's signature:

Date:

About the AOP

The Association of Optometrists (AOP) is the leading representative membership organisation for optometrists in the UK. We support over 82% of practising optometrists, to fulfil their professional roles to protect the nation's eye health. For more information, visit www.aop.org.uk